



AWAKEN

ALL OF YOUR SENSES

Africology is the leading natural, eco-friendly and holistic Spa and Skincare Company in Africa, and its success spans across international borders reaching as far as the USA, Europe and Britain.

Therapeutic in its approach, Africology only uses all-natural ingredients that are bio-identical to the body's physiology; effectively enhancing the integrity of your skin whilst simultaneously preventing premature aging.

All Africology product formulations and spa treatments are inspired by the wisdom of Africa's traditional healers and each is a celebration of Africa's vibrant heritage, communities and plant life. Our products contain no artificial fragrances.

Only naturally pure plant essential oils are utilised as we strongly believe that the benefits of their complex and powerful elements - provided by Mother Nature herself - cannot be replicated in a laboratory.



KINDLY GIVE 24HRS NOTICE SHOULD YOU REQUIRE COUPLES TREATMENTS

SPA OPENING HOURS 08.30 – 16.00

AFTER HOURS TREATMENTS
AVAILABLE ON REQUEST

VICTORIA FALLS
RIVER LODGE
ZAMBEZI CRESCENT



To make a booking please call Reception:

Tel: +263 774 659 532

www.victoriafallsriverlodge.com

Cover photo by Mario Luis Goren

TOA SPA



TREATMENT MENU

FACIAL THERAPIES

BESPOKE FACIAL (60mins) (\$160)

Skin assesment & full facial

Options include a choice of Anti-Oxidant; Hydrating; Aloe Ferox and Vitamin Skin Boost facials.

EXPRESS FACIAL (30mins) (\$100)

For those seeking a quick cleanse and rejuvenation

Includes a double cleanse, steam, exfoliation, masque and moisturiser.

BODY TREATMENTS

ILLUMINATING BODY GLOW (60mins) (\$160)

Inspired by nature...

The African Elephant is known to “sandblast” its body with its trunk and roll about in the mud! We have taken inspiration from this daily routine and have created a full body scrub with a luxuriant blend of Walnut and Marula shell powder - providing a gentle, chemical-free exfoliator - followed by the application of your choice of an African Potato, Rooibos & Lavender or Slimming Detox Mud wrap.

Relax and indulge in a scalp massage whilst the mud wrap does its magic. Reawaken body, mind and soul with an invigorating shower; washing away dead skin cells and toxins.

Luxurious, hydrating, fragrant and repairing; lashings of our sublime Body Butter is the perfect finish. Rich in Cocoa Butter, Shea and Canola Oil our Body Butter promotes cell regeneration and blood circulation – leaving skin rejuvenated, soft and supple.

Add on a bespoke 60 minute massage using marula oil (\$280)

Add an anti-malaria bush treatment to any body/massage treatment (\$10)

MASSAGE THERAPIES

BACK, NECK & SHOULDER (30mins) (\$60)

Focused on where we carry most of our stress

‘HAKUNA MATATA’ (60mins) (\$120)

A stress busting combination!

Back, Neck and Shoulders massage, followed by a Scalp massage, finished off with a Foot massage.

DEEP TISSUE MASSAGE (60mins) (\$120)

Firm pressure & trigger point therapy

Releases muscle tension and knots.

AROMATHERAPY MASSAGE (60mins) (\$120)

A deliciously slow, lymphatic drainage massage

Profoundly relaxing, with a bespoke blend of luxurious aromatherapy oils to suite your unique requirements.

INFRARED MASSAGE (60mins) (\$120)

Bask in the soft warmth of infra-red rays

A blissful combination of radiant heat energy and gentle massage to relax tight, painful muscles. Especially popular on winter days...

AFRICAN HEAD MASSAGE (30mins) (\$60)

Our version of the classic “Indian Head Massage”

Targeting the neck and shoulders; using a ‘chitenge’ (African cloth) to stretch the neck muscles.

INTONGA AMASATCHI (60mins) (\$120)

Deep tissue, tension relieving treatment

Performed with the hands and wooden sticks of various sizes to stretch tight muscles and reduce the build-up of toxins.

All of the above massages can be extended to 90 mins (\$180)

HANDS & FEET

REFLEXOLOGY (60mins) (\$120)

Soft-Touch Reflexology

Combining massage and pressure point work on the feet, aimed at guiding you into the alpha state of healing.

IZANDLA MANICURE (45mins) (\$60)

Hands are for nurturing, loving & healing

Take time to treat the hands that allow these precious gifts.

INYAWO PEDICURE (60mins) (\$80)

May every step be light & ‘sole’ful!

Pamper the feet that will take you on your journey through life.

WAXING & TINTING

UPPER LIP (\$10)

CHIN (\$10)

BROWS (\$10)

UNDER ARM (\$16)

BIKINI (\$20)

BRAZILIAN (\$30)

HALF ARM (\$20)

FULL ARM (\$24)

HALF LEG (\$30)

FULL LEG (\$40)

EYELASH TINT (\$10)

EYEBROW TINT (\$10)